

Alcohol Detox

Nutritional Support for
Alcohol Detoxification*

Alcohol Detox Supplementation

Alcohol Detox is a comprehensive liver and antioxidant support formula designed to promote healthy alcohol metabolism and metabolic recovery.* Alcohol places increased demand on the liver and detoxification pathways, generating oxidative stress and depleting key nutrients involved in cellular defense and energy production.* Featuring science-backed ingredients such as N-acetyl-cysteine (NAC), alpha-lipoic acid, methylfolate, thiamine, hydroxocobalamin, and zinc picolinate, Alcohol Detox delivers unparalleled nutritional support to help maintain liver function, antioxidant balance, and overall metabolic resilience during periods of increased demand.*

Each ingredient in Alcohol Detox has been carefully selected to work synergistically, addressing multiple aspects of alcohol metabolism and recovery.* From glutathione production and antioxidant regeneration to methylation support and nutrient repletion, this comprehensive approach helps promote metabolic balance, liver resilience, and overall cellular health.*

Supplementation with Alcohol Detox includes these benefits:

- Supports healthy liver function and alcohol metabolism*
- Promotes glutathione production and antioxidant defense*
- Helps replenish key nutrients depleted by alcohol consumption*
- Supports cellular energy metabolism and recovery*

How Alcohol Detox Works

NAC for Glutathione Production and Liver Protection*

Alcohol Detox features N-acetyl-cysteine (NAC), a critical precursor to glutathione and one of the body's most important endogenous antioxidants.*¹ Glutathione plays a central role in neutralizing oxidative stress and supporting phase II liver detoxification pathways involved in alcohol metabolism.*²

The updated formula supports the body's capacity to replenish glutathione stores, promoting hepatocellular protection and efficient clearance of alcohol-related metabolic byproducts.* This targeted support helps maintain healthy liver enzyme activity and promotes resilience during periods of increased oxidative demand.*³



GLUTEN-FREE



DAIRY-FREE



NON-GMO



cGMP FACILITY

How Alcohol Detox Works Continued

Alpha-Lipoic Acid for Antioxidant Defense and Mitochondrial Support*

Alcohol Detox now delivers a higher level of alpha-lipoic acid, a unique antioxidant that functions in both water- and fat-soluble environments.* Alpha-lipoic acid supports mitochondrial energy production and helps regenerate other key antioxidants, including glutathione, vitamin C, and vitamin E.*⁴ By increasing alpha-lipoic acid levels, Alcohol Detox helps strengthen antioxidant defenses and supports cellular energy metabolism, promoting liver health and metabolic efficiency during alcohol processing.*⁵

BioFolate® and Activated B Vitamins to Support Methylation and Cellular Detoxification*

The updated formula now features BioFolate®, a bioavailable form of folate that supports methylation reactions essential for detoxification, DNA repair, and neurotransmitter balance.*⁶ Unlike synthetic folic acid, methylfolate is readily utilized by the body, making it an ideal choice for supporting metabolic resilience.*⁷

Alcohol Detox also includes increased thiamine (vitamin B1) and hydroxocobalamin, a clean and stable form of vitamin B12.* Thiamine plays a critical role in carbohydrate metabolism and neurological function, while vitamin B12 supports methylation and energy production.*^{8,9} Together, these activated B vitamins help replenish nutrients commonly depleted by alcohol intake and support healthy nervous system and liver function.*

Zinc Picolinate for Enzymatic and Antioxidant Support*

Alcohol Detox now includes zinc picolinate, a highly bioavailable form of zinc that supports numerous enzymatic reactions involved in alcohol metabolism and antioxidant defense.*¹⁰ Zinc plays an important role in maintaining liver integrity, supporting immune health, and promoting balanced inflammatory responses.*¹¹ The addition of zinc picolinate further enhances the formula's ability to support detoxification pathways and cellular protection during periods of metabolic stress.*

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin C (as ascorbic acid)	600 mg	667%
Thiamin (as thiamin hydrochloride)	50 mg	4,167%
Riboflavin	2.2 mg	169%
Niacin (as niacinamide and niacin)	30 mg NE	187%
Vitamin B6 (as pyridoxine HCl)	2.4 mg	141%
Folate (as calcium L-5-methyltetrahydrofolate) [†]	83 mcg DFE	21%
Vitamin B12 (as hydroxocobalamin chloride)	16.6 mcg	692%
Biotin	20 mcg	67%
Pantothenic Acid (as D-calcium pantothenate)	16 mg	320%
Zinc (as zinc picolinate)	7 mg	64%

	Amount Per Serving	%DV
N-Acetyl-Cysteine	400 mg	**
Alpha Lipoic Acid	100 mg	**

Other Ingredients: Hypromellose, microcrystalline cellulose, vegetable magnesium stearate, silica.

[†] as BioFolate®, a federally registered trademark of MTC Industries, Inc.

Directions: Take two capsules before each serving of alcohol as a dietary supplement or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

References:

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11. Prasad AS, Bao B. *Antioxidants (Basel)*. 2019;8(6):164.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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