

Berberine Pro

Support for Healthy Glucose
Metabolism and Heart Health*

Berberine Pro Supplementation

Our superpowered Berberine Pro works strategically to provide the body with a truly superior level of support for both metabolic and heart health.* Its clinically backed formula features GlucoVantage®, the body-ready, active metabolite of berberine. Unlike traditional berberine, which can be poorly absorbed and cause GI discomfort, GlucoVantage® offers up to 5x greater bioavailability for improved absorption, at a fraction of the dose.* Combined with organic cinnamon bark extract, this powerhouse blend of ingredients delivers advanced metabolic support for healthy glucose metabolism, cardiovascular wellness, and optimal body composition.* Plus, its potent antioxidant properties further promote a healthy oxidative stress response and cellular resilience, providing your body with comprehensive metabolic support.*

The ingredients in Berberine Pro have shown potential for supporting heart health and healthy glucose metabolism, both of which contribute to healthy weight management.* They act through multiple, often interrelated mechanisms that support healthy influence cellular metabolism, energy homeostasis, and healthy oxidative stress response.*

Supplementation with Berberine Pro may also include these benefits:

- Promotes healthy glucose metabolism*
- Supports heart health & optimal lipid balance*
- Promotes antioxidant protection for metabolic wellness*
- Supports healthy body composition*

How Berberine Pro Works

GlucoVantage® for Metabolic Efficiency*

Berberine Pro features GlucoVantage®—a clinically studied, highly bioavailable form of dihydroberberine. Unlike traditional berberine, which requires microbial conversion in the gut before the body can utilize it, dihydroberberine is the active metabolite that the body uses directly. This direct delivery helps overcome the poor absorption and gastrointestinal discomfort often associated with standard berberine.*^{1,2}



How Berberine Pro Works Continued

Research shows that dihydroberberine achieves up to 5x greater bioavailability and 20x higher plasma concentrations than standard berberine.*³ It also provides sustained metabolic activity for up to eight hours, resulting in improved clinical effectiveness with enhanced tolerability.*⁴

Dihydroberberine works primarily through the activation of AMP-activated protein kinase (AMPK), a central regulator of cellular energy balance.*⁴ AMPK activation promotes glucose uptake into muscle cells, increases fatty acid oxidation in mitochondria, and reduces hepatic glucose production.*⁵ These mechanisms help support balanced insulin sensitivity and healthy blood sugar levels already in the normal range, while also promoting optimal lipid metabolism and cardiovascular wellness.*⁶⁻⁸

Organic Cinnamon Bark Extract for Glucose and Cardiovascular Support*

Berberine Pro is further supported by organic cinnamon bark extract, which complements the activity of dihydroberberine through its rich profile of polyphenols, including cinnamaldehyde and cinnamic acid. These bioactive compounds support healthy insulin receptor function, promote glucose uptake in skeletal muscle, and help maintain balanced postprandial glucose metabolism.*⁹⁻¹¹

Cinnamon also provides antioxidant and promotes healthy vascular benefits.* Studies suggest that cinnamon polyphenols support endothelial function by aiding nitric oxide production and promoting a healthy inflammatory response.*^{12,13} These effects contribute to balanced lipid profiles and overall cardiovascular wellness, making cinnamon ideal complement to dihydroberberine in Berberine Pro.*

Synergistic Benefits for Weight Management and Cellular Health*

Together, dihydroberberine and cinnamon provide a synergistic approach to healthy weight management and body composition support.*^{14,15} By promoting mitochondrial efficiency and fat utilization, dihydroberberine promotes healthy energy balance, while also influencing appetite-regulating hormones such as leptin and ghrelin.*^{16,17} Cinnamon may enhance these effects through mild thermogenic properties that support increased energy expenditure.*¹⁸

In addition, both dihydroberberine and cinnamon provide potent antioxidant protection.*^{19,20} Their combined activity helps neutralize free radicals, support healthy oxidative stress response, and maintain cellular resilience—factors that are essential for long-term metabolic health and healthy aging.*^{21,22}

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 90

	Amount Per Serving	%DV
Dihydroberberine (GlucoVantage®)	100 mg	*
Organic Cinnamon Extract (bark; <i>Cinnamomum ceylon</i>)	84 mg	*

Other Ingredients: Hypromellose, vegetable magnesium stearate, silica.

GlucoVantage® is a registered trademark of NNB Nutrition.
Patented – see nnbnutrition.com/patents.



Directions: Take one capsule three times daily before meals or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

References:

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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