

NutriDyn®

GI Health

Comprehensive Nutritional Support
for a Healthy Gastrointestinal Tract

GI Health Supplementation

NutriDyn GI Health is a comprehensive nutritional formula designed to support optimum gastrointestinal health and function. The lining of the gut must have proper permeability and integrity so it can not only absorb nutrients, but also become a gatekeeper and promote healthy nutrition exchange with the bloodstream. As such, maintaining gut health is the key to maintaining overall wellness.

This naturally flavored and easy-to-digest drink mix provides key nutrients and herbal ingredients that assist the gastrointestinal tract, thereby promoting healthy digestive function, nutrient absorption, and waste removal.

Key benefits and quality differences of NutriDyn GI Health Include:

- Support for gastrointestinal tract integrity and function
- Support for healthy digestive function
- Support for nutrient absorption
- Promotes waste removal
- Features 78 mg of zinc-carnosine
- Naturally flavored, gluten-free, dairy-free, and vegetarian
- Comes in three delicious flavors; peach tea, chocolate, and berry

How GI Health Works

NutriDyn GI Health features a carefully crafted spectrum of herbs and nutrients that are backed by research and demonstrated to be effective for supporting the gastrointestinal tract.

L-Glutamine, Glucosamine HCl, and Zinc-Carnosine Complex

Quantitatively, L-glutamine is the most important form of fuel for intestinal tissue, with research showing it is imperative for gastrointestinal integrity and healthy immune response. ¹

Glucosamine HCl is an amino sugar that acts as a precursor to many glycosylated proteins and lipids throughout the body. A recent meta-analysis suggests that supplemental glucosamine HCl modulates the inflammatory response in the gastrointestinal tract, which may promote a healthy gut environment. ²



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How GI Health Works Continued

GI Health also contains chelated zinc, as zinc-carnosine complex. This specific form of zinc has been shown to promote healthy gut function and support gut integrity.³

DGL Licorice, Apple Pectin, Aloe Vera, and Slippery Elm

The root of licorice (*Glycyrrhiza glabra*) is abundant with novel phytochemicals, namely isoliquiritigenin, hispaglabridin B, and paratocarpin B. Clinical research suggests that these compounds help soothe the gastrointestinal tract by supporting the mucosal lining of the intestines and stomach.⁴ GI Health contains deglycyrrhizinated (DGL) licorice which is free from substantial parts of glycyrrhizin and is a safer option for long-term use.⁵

In addition, GI Health contains apple pectin, aloe vera leaf extract, and slippery elm, providing one of the most comprehensive ranges of plant-derived biologically active constituents for supporting and soothing the gastrointestinal tract.^{6,7}

Herbal Extracts, MSM, and Quercetin

GI Health contains an array of herbal extracts, methylsulfonylmethane (MSM), and quercetin that work in synergy to attenuate everyday free radical bombardment of the gastrointestinal tract and support healthy gut inflammatory response.^{8,9}

Why Use GI Health?

GI Health is the ideal nutritional formula for those looking to support their GI tract in a healthy and herb-based manner. If you're experiencing GI tract symptoms, such as indigestion, nutrient malabsorption, or constipation, GI Health may help.

Product Information

Peach Tea Flavour One 8.5 g scoop provides:

Amount Per Serving

Energy	15 kcal 63kJ
Carbohydrate	4 g
Glucosamine HCl (providing 831 mg glucosamine)	1,000 mg
Apple Pectin Powder	1,000 mg
Deglycyrrhizinated Licorice Powder	400 mg
Aloe Vera Leaf Gel Extract	300 mg
Slippery Elm Powder	200 mg
Rice Mucin	200 mg
Marshmallow Powder	100 mg
Zinc Carnosine	16 mg
Chamomile Powder	100 mg
Okra Powder	100 mg
Cat's Claw Powder	
Methylsulfonylmethane (MSM)	100 mg
Quercetin	100 mg
Prune Fruit Powder	100 mg

g – grams mg – milligrams

Ingredients:

L-glutamine, Glucosamine HCl, Apple pectin powder, Deglycyrrhizinated liquorice powder (*Glycyrrhiza glabra*), Aloe vera leaf gel extract, Slippery elm bark powder, Rice mucin, Inulin, Marshmallow root powder (*Althea officinalis*), Chamomile flower powder, Okra fruit powder (*Abelmoschus esculentus*), Cat's claw powder bark, Methylsulfonylmethane (MSM), Quercetin dihydrate, Prune fruit powder, Acid: Citric acid, Natural flavouring, Steviol glycosides, Zinc carnosine.

Some settling may occur during shipping and handling. The amount of product contained in 1 scoop may be above or below 8.5 grams due to variations in handling and product density

Directions for Adults: Mix one scoop (8.5 g) in around 250 ml of water, once daily. Do not exceed recommended intake. Food supplements should not be used as a substitute for a varied, balanced diet and healthy lifestyle.

Warning: Do not use if pregnant or nursing.

Caution: If taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

References:

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